

the Plan: an introduction



About me

Names: Rachael & Rebecca Armstrong

Sponsors for 8 years

Sponsored Child: Mariama Embalo in
Guinea-Bissau

the Plan:

to work with the world's poorest children so they can move themselves from a life of poverty to a future with opportunity



About Plan

Plan is a global children's charity. We work with children in the world's poorest countries to help them build a better future. A future you would want for all children, your family and friends.



the Plan:

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the Plan:

support these children
and their community to
rebuild a school so they
can fulfil their potential

Where

SUDAN

What

EDUCATION

Impact

1 year: 30 new classrooms and 10
teachers' quarters constructed

Lend a hand, visit us at
www.plan-uk.org



Registered charity no. 276035



the Plan:

help mothers like Sunita
get quality healthcare
for themselves and
their children

Where
NEPAL

What
HEALTH

Impact
In 2010, 1,209 pregnant women's
groups were formed

To find out more visit
www.plan-uk.org



Registered charity no. 276035



the Plan:

sponsor a child today
and make a unique
connection

Where

WORLDWIDE

What

SPONSOR A CHILD

Impact

1 sponsor: 1 child and their community
building a better future

To find out more visit
www.plan-uk.org



Registered charity no. 276035

My journey with Plan

Make a child's future part of your plans

Children in the world's poorest countries have hopes, dreams and plans for the future – just like the rest of us. But without your help, these dreams may never become a reality. In fact, they might not even begin first-hand that their lives.

the Plan: to share in the joy of sponsoring a child

can see in action

or is your window into from day one, you can an relationship with them. I see how sponsorship can be, lasting and positive a of children and their in you start to sponsor a aWelcome Pack. The pack and details of the child you are all as information on the types a funding in the country where

can exchange letters and send . of encouragement. Many a strong personal bond over the to even making the journey to you choose to get involved, you sat you'll find it a rewarding and experience.

need your support.

your plans today. Fill in the 0 20 234 (quoting ref. MGMV12).

the Plan you can trust

Plan pioneered child sponsorship almost 75 years ago. Today over 100,000 people in the UK alone sponsor children with us. We work with children in the world's poorest countries to help them build a better future. A future you would want for all children, your family and friends.

Throughout our history, we've put children at the very heart of our work to end poverty – giving them the skills and knowledge they need to make the most of their lives. It's a plan that works – and a plan that you'll see in action through messages from the child you sponsor and updates on the work you're helping to fund in their country.

the Plan that works: Filifing's story

Filifing always wanted to be a nurse. But her dream might never have come true without her Plan sponsor, whose donations helped build a new school for her village and whose messages of encouragement inspired Filifing.

These days, Filifing works at her local health centre. She's proud of her job and a great role model for girls in her community. She's living proof that the cycle of poverty can be broken. And you can imagine how pleased her sponsor must be that Filifing has put her plans into action.

Yes, I want to make sponsoring a child part of my plans

I would like to sponsor a child in a developing country. My preferred area is:

Asia South East Asia Africa The Caribbean Latin America
 You make the choice for me I would like to sponsor a: boy girl other

Title Forename Surname

Address

Postcode Daytime Tel. No.

I am happy to receive information about Plan's work by email. My small address is: (please print)

A personal policy to protect names, addresses or contact details of our supporters is in place for their use. An sponsor you will find that contact your sponsorship and Plan's work. It is not for other use, please do not contact.

Payment details

I would like to donate: £15 per month £18 per month £25 per month

Other (not less than £100 per year) £ per month / per quarter / per half year / per year (please check)

At least 80p in every pound is spent on supporting and delivering our development work.

Gift Aid makes every £1 worth £1.25

Please claim back the tax I have paid against all donations made in the last four years and any future donations I may make to Plan.

I understand that I must give an amount of income tax equal to the amount that Plan will be able to claim back on my behalf.

Please only Plan if you wish to cancel the donation or your address to help change. Any funds received from Plan will be spent on the work in progress.

Instruction to your Bank or Building Society to pay by Direct Debit

Please fill in the form and send to Plan International (UK), FREEPOST 100-200-300-400, 7-7 Colindale Avenue, London EC2V 1JH.

Name and full postal address of your Bank or Building Society Service User Number

To: The Manager Bank/Building Society

Address

Postcode

Name(s) of Account Holder(s)

Branch Sort Code

Bank/Building Society Account Number

Signature(s)

Date

Banks and Building Societies may not accept Direct Debit instructions for some types of account.

Please refer to Plan International (UK) for more information.

Plan International (UK) Registered Charity No. 213202

Model form

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Welcome to Plan



Plan Kenya

An update on Name and his family

Greetings from Plan Kenya! Today we would like to let you know about possible changes in the life of Name and about projects which took place in the neighbourhood of where the family lives.

Sponsored child
Name: Sample name
Age: 11 years old
Area: Sample area

Sponsor
Sponsor Name: Mr and Mrs Donor
Country: United Kingdom

Bakari's family
There have been no changes to name's family.

Schooling
Name attends primary school.
It takes less than 30 minutes to reach school.

Health
According to the family, name has been healthy and not suffered from any serious illness.
The nearest health facility is about 45 minutes away.

Projects
In the area where name lives, families participated in or benefited from:
• Construction or repair of a school
• Provision of furniture and equipment for schools
• Support for children to participate in educational radio and television broadcasts
• Support to children to communicate with their sponsors
• Activities that promote protection of children from abuse, exploitation and neglect

Learn more
Please see the attached update prepared with children and families to learn more about projects in the wider area.
The information on name, and his family was collected by:
Saidi Shee
community volunteer

Please continue to correspond with Bakari and his family. Be sure to use your sponsor and child correspondence numbers in all communications.
Sponsor number: 003-XXXXXXX
Child correspondence number: 0550-XXXXX

AU 0550 2021 MSB FY11



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Building a relationship

esto es muy vben gracias quisiera te ac eido a la
comunidad con a serios pten de los laños y te n
so 12 años qu'elere que sepa como soy soy crñiana
me gusta en l'bi b'la es muy bueng d'cel'ca
me gusta ar ala escuela me gusta jugar con mis
el el manos y en mi casa so cos b y m'pms me
es entera gracias



I AM VERY HAPPY TO HAVE YOU AS MY SPONSOR!



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Seeing progress



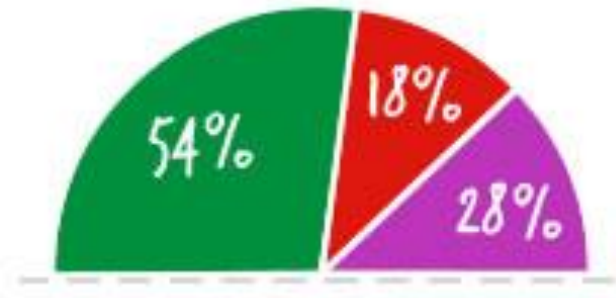
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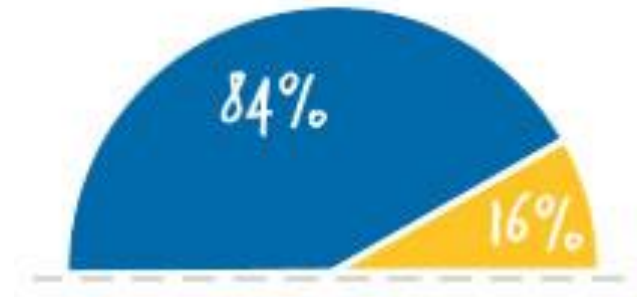
A Plan you can trust

2009/10 Plan UK income



- Sponsorship
- Grants from official bodies
- Donations and appeals

2009/10 Plan UK expenditure



- Development work
- Fundraising and admin

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Thank you for listening!

